

Plads Navn

Klasse

Tid

Beg-14

1	Gustav Zeithen	15	25:31											
00:33=	02:41=	04:03=	05:32=	07:41=	09:13=	11:51=	13:33=	15:26=	16:30=	20:09=	21:11=	23:17=	25:17=	25:31=
00:33=	02:08=	01:22=	01:29=	02:09=	01:32=	02:38=	01:42=	01:53=	01:04=	03:39=	01:02=	02:06=	02:00=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Benjamin Birk Nielsen	1	26:05											
02:40+	05:28+	08:12+	10:25+	13:11+	14:41+	17:09+	18:20+	18:59+	20:09+	22:36+	23:11+	24:42+	25:52+	26:05+
02:40+	02:48+	02:44+	02:13+	02:46+	01:30-	02:28-	01:11-	00:39-	01:10+	02:27-	00:35-	01:31-	01:10-	00:13-
02:07@	00:40&	01:22&	00:44&	00:37&	00:02-	00:10-	00:31-	01:14-	00:06+	01:12-	00:27-	00:35-	00:50-	00:01-

3	Marius Vang Bobach	1	1:12:49											
00:24-	02:21-	07:04+	09:10+	13:04+	14:02+	17:16+	19:05+	19:53+	21:18+	24:32+	25:27+	27:27+	72:36+	72:49+
00:24-	01:57-	04:43+	02:06+	03:54+	00:58-	03:14+	01:49+	00:48-	01:25+	03:14-	00:55-	02:00-	45:09+	00:13-
00:09-	00:11-	03:21@	00:37&	01:45&	00:34-	00:36#	00:07+	01:05-	00:21&	00:25-	00:07-	00:06-	43:09@	00:01-

Beste stræktid for klassen

00:24 01:57 01:22 01:29 02:09 00:58 02:28 01:11 00:39 01:04 02:27 00:35 01:31 01:10 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D-12

1	Asta Kappel Jensen	15	34:24												
00:29=	02:23=	03:27=	05:31=	06:56=	07:54=	09:54=	12:01=	14:08=	19:03=	20:33=	23:15=	24:58=	32:37=	34:15=	34:24=
00:29=	01:54=	01:04=	02:04=	01:25=	00:58=	02:00=	02:07=	02:07=	04:55=	01:30=	02:42=	01:43=	07:39=	01:38=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

00:29 01:54 01:04 02:04 01:25 00:58 02:00 02:07 02:07 04:55 01:30 02:42 01:43 07:39 01:38 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D13-14

1	Gertrud Riis Madsen	15	33:41										
02:08=	02:54=	07:02=	08:33=	13:46=	17:24=	21:33=	25:35=	28:42=	29:46=	31:30=	32:23=	33:28=	33:41=
02:08=	00:46=	04:08=	01:31=	05:13=	03:38=	04:09=	04:02=	03:07=	01:04=	01:44=	00:53=	01:05=	00:13=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Matilde Andersen-Otte	15	40:29										
02:08=	02:59+	08:41+	10:26+	16:00+	20:16+	26:03+	30:25+	34:23+	35:43+	38:02+	39:07+	40:15+	40:29+
02:08=	00:51+	05:42+	01:45+	05:34+	04:16+	05:47+	04:22+	03:58+	01:20+	02:19+	01:05+	01:08+	00:14+
00:00=	00:05#	01:34&	00:14#	00:21+	00:38#	01:38&	00:20+	00:51&	00:16#	00:35&	00:12#	00:03+	00:01+

Beste stræktid for klassen

02:08 00:46 04:08 01:31 05:13 03:38 04:09 04:02 03:07 01:04 01:44 00:53 01:05 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D15-16

1	Ida Riis Madsen	15	42:27													
01:16=	05:36=	07:27=	10:37=	13:37=	16:47=	20:47=	23:35=	25:52=	29:34=	34:20=	36:09=	37:48=	40:16=	41:18=	42:16=	42:27=
01:16=	04:20=	01:51=	03:10=	03:00=	03:10=	04:00=	02:48=	02:17=	03:42=	04:46=	01:49=	01:39=	02:28=	01:02=	00:58=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

01:16 04:20 01:51 03:10 03:00 03:10 04:00 02:48 02:17 03:42 04:46 01:49 01:39 02:28 01:02 00:58 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Class	Navn	Klasse	Tid
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D21-

1 Maja Mærkedahl Lilleør 1 1:26:42

86:42=
86:42=
00:00=

Beste stræktid for klassen

86:42

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D40-

1 Anna Vang Bobach 1 53:08

02:04= 07:23= 09:32= 13:26= 16:57= 20:08= 23:17= 24:20= 30:38= 34:40= 37:10= 38:15= 44:14= 47:12= 50:01= 51:23= 52:54= 53:08=
02:04= 05:19= 02:09= 03:54= 03:31= 03:11= 03:09= 01:03= 06:18= 04:02= 02:30= 01:05= 05:59= 02:58= 02:49= 01:22= 01:31= 00:14=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Mette Møller Nielsen AKIF 55:50

02:46+ 08:51+ 11:24+ 15:37+ 19:54+ 24:20+ 27:58+ 29:13+ 33:04+ 37:11+ 40:11+ 41:20+ 46:33+ 49:37+ 52:36+ 54:01+ 55:34+ 55:50+
02:46+ 06:05+ 02:33+ 04:13+ 04:17+ 04:26+ 03:38+ 01:15+ 03:51- 04:07+ 03:00+ 01:09+ 05:13- 03:04+ 02:59+ 01:25+ 01:33+ 00:16+
00:42& 00:46# 00:24# 00:19+ 00:46# 01:15& 00:29# 00:12# 02:27- 00:05+ 00:30# 00:04+ 00:46- 00:06+ 00:10+ 00:03+ 00:02+ 00:02#

3 Anne Riis 15 56:00

02:10+ 08:05+ 10:18+ 13:58+ 18:01+ 21:14+ 25:30+ 26:43+ 32:24+ 36:08+ 38:45+ 40:54+ 46:16+ 47:43+ 49:50- 53:14+ 54:31+ 55:48+ 56:00+
02:10+ 05:55+ 02:13+ 03:40- 04:03+ 03:13+ 04:16+ 01:13+ 05:41- 03:44- 02:37+ 02:09+ 05:22- 01:27- 02:07- 03:24+ 01:17- 01:17+ 00:12+
00:06+ 00:36# 00:04+ 00:14- 00:32# 00:02+ 01:07& 00:10# 00:37- 00:18- 00:07+ 01:04& 00:37- 01:31- 00:42- 02:02@ 00:14- 01:03@ 00:12+

4 Lajla Præstgaard 8 1:06:11

02:48+ 13:09+ 15:36+ 19:22+ 23:08+ 26:13+ 30:39+ 31:59+ 35:32+ 39:19+ 42:01+ 43:02+ 54:38+ 55:53+ 58:25+ 62:23+ 63:59+ 65:56+ 66:11+
02:48+ 10:21+ 02:27+ 03:46- 03:46+ 03:05- 04:26+ 01:20+ 03:33- 03:47- 02:42+ 01:01- 11:36+ 01:15- 02:32- 03:58+ 01:36+ 01:57+ 00:15+
00:44& 05:02& 00:18# 00:08- 00:15+ 00:06- 01:17& 00:17& 02:45- 00:15- 00:12+ 00:04- 05:37& 01:43- 00:17- 02:36@ 00:05+ 01:43@ 00:15+

Beste stræktid for klassen

02:04 05:19 02:09 03:40 03:31 03:05 03:09 01:03 03:33 03:44 02:30 01:01 05:13 01:15 02:07 01:22 01:17 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D50-

1 Bettina Gjedde 8 53:27

01:44= 07:36= 10:24= 14:46= 19:17= 23:29= 29:57= 33:53= 36:31= 37:47= 42:21= 44:13= 45:47= 49:50= 51:29= 53:10= 53:27=
01:44= 05:52= 02:48= 04:22= 04:31= 04:12= 06:28= 03:56= 02:38= 01:16= 04:34= 01:52= 01:34= 04:03= 01:39= 01:41= 00:17=
00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

2 Gitte Isen 5 53:51

01:36- 07:24- 09:49- 13:58- 17:58- 23:58+ 29:56- 34:12+ 37:10+ 38:27+ 42:59+ 45:11+ 47:00+ 50:35+ 52:05+ 53:37+ 53:51+
01:36- 05:48- 02:25- 04:09- 04:00- 06:00+ 05:58- 04:16+ 04:16+ 01:17+ 02:58+ 01:17+ 04:32- 02:12+ 01:49+ 03:35- 01:30- 01:32- 00:14-
00:08- 00:04- 00:23- 00:13- 00:31- 01:48& 00:30- 00:20+ 00:20# 00:01+ 00:02- 00:20# 00:15# 00:28- 00:09- 00:09- 00:03-

3 Minna Hald Andersen 15 55:37

02:10+ 07:26- 10:01- 15:02+ 19:07- 23:45+ 28:54- 32:43- 35:57- 37:41- 41:35- 43:34- 45:15- 52:59+ 54:12+ 55:23+ 55:37+
02:10+ 05:16- 02:35- 05:01+ 04:05- 04:38+ 05:09- 03:49- 03:14+ 01:44+ 03:54- 01:59+ 01:41+ 07:44+ 01:13- 01:11- 00:14-
00:26# 00:36- 00:13- 00:39# 00:26- 00:26# 01:19- 00:07- 00:36# 00:28& 00:40- 00:07+ 00:07+ 03:41& 00:26- 00:30- 00:03-

4 Pia Hejlskov Mogensen 16 1:00:20

01:56+ 08:29+ 13:57+ 18:26+ 22:57+ 27:19+ 34:00+ 38:28+ 41:31+ 42:51+ 47:58+ 50:09+ 52:02+ 56:15+ 58:05+ 60:01+ 60:20+
01:56+ 06:33+ 05:28+ 04:29+ 04:31= 04:22+ 06:41+ 04:28+ 03:03+ 01:20+ 05:07+ 02:11+ 01:53+ 04:13+ 01:50+ 01:56+ 00:19+
00:12# 00:41# 02:40& 00:07+ 00:00= 00:10+ 00:13+ 00:32# 00:25# 00:04+ 00:33# 00:19# 00:19# 00:10+ 00:11# 00:15# 00:02#

5 Hanne Bak-Mikkelsen 13 1:01:38

01:50+ 10:12+ 13:54+ 18:47+ 22:37+ 28:05+ 33:47+ 37:58+ 41:34+ 42:55+ 48:13+ 50:15+ 52:05+ 57:58+ 59:38+ 61:21+ 61:38+
01:50+ 08:22+ 03:42+ 04:53+ 03:50- 05:28+ 05:42- 04:11+ 03:36+ 01:21+ 05:18+ 02:02+ 01:50+ 05:53+ 01:40+ 01:43+ 00:17=
00:06+ 02:30& 00:54& 00:31# 00:41- 01:16& 00:46- 00:15+ 00:58& 00:05+ 00:44# 00:10+ 00:16# 01:50& 00:01+ 00:02+ 00:00=

Pluss	Navn	Klasse	Tid
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Beste stræktid for klassen

01:36 05:16 02:25 04:09 03:50 04:12 05:09 03:49 02:38 01:16 03:54 01:52 01:34 03:35 01:13 01:11 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D60-

1	Karin Wæhrens	13	1:00:20													
02:58=	14:00=	16:07=	19:41=	23:12=	26:22=	31:31=	37:19=	41:15=	43:56=	45:52=	49:33=	51:20=	56:45=	58:28=	60:08=	60:20=
02:58=	11:02=	02:07=	03:34=	03:31=	03:10=	05:09=	05:48=	03:56=	02:41=	01:56=	03:41=	01:47=	05:25=	01:43=	01:40=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Kirsten Bobach	1	1:07:12													
02:18-	09:15-	14:54-	19:24-	23:49+	26:40+	31:00-	37:58+	42:52+	46:20+	48:19+	53:26+	55:57+	63:26+	65:12+	66:56+	67:12+
02:18-	06:57-	05:39+	04:30+	04:25+	02:51-	04:20-	06:58+	04:54+	03:28+	01:59+	05:07+	02:31+	07:29+	01:46+	01:44+	00:16+
00:40-	04:05-	03:32@	00:56&	00:54&	00:19-	00:49-	01:10#	00:58#	00:47&	00:03+	01:26&	00:44&	02:04&	00:03+	00:04+	00:04&

3	Hanne H. Poulsen	8	1:08:07													
03:19+	10:05-	12:59-	17:46-	22:10-	24:07-	30:19-	38:36+	45:19+	50:09+	51:49+	57:30+	59:34+	64:35+	66:05+	67:53+	68:07+
03:19+	06:46-	02:54+	04:47+	04:24+	01:57-	06:12+	08:17+	06:43+	04:50+	01:40-	05:41+	02:04+	05:01-	01:30-	01:48+	00:14+
00:21#	04:16-	00:47&	01:13&	00:53&	01:13-	01:03#	02:29&	02:47&	02:09&	00:16-	02:00&	00:17#	00:24-	00:13-	00:08+	00:02#

4	Lisbet Nielsen	13	1:39:24													
99:24+																
99:24+																
96:26@																

Beste stræktid for klassen

02:18 06:46 02:07 03:34 03:31 01:57 04:20 05:48 03:56 02:41 01:40 03:41 01:47 05:01 01:30 01:40 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

D70-

1	Else Hass	OK Pan	35:31							
03:25=	05:06=	10:37=	13:57=	17:02=	21:45=	26:28=	31:36=	33:19=	35:17=	35:31=
03:25=	01:41=	05:31=	03:20=	03:05=	04:43=	04:43=	05:08=	01:43=	01:58=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Ellen Thomsen	13	40:30							
04:03+	05:59+	11:43+	15:30+	19:35+	25:47+	30:31+	36:07+	38:10+	40:13+	40:30+
04:03+	01:56+	05:44+	03:47+	04:05+	06:12+	04:44+	05:36+	02:03+	02:03+	00:17+
00:38#	00:15#	00:13+	00:27#	01:00&	01:29&	00:01+	00:28+	00:20#	00:05+	00:03#

3	Edith Sørensen	1	44:09							
04:00+	05:27+	11:13+	22:34+	25:44+	31:00+	35:42+	39:46+	41:52+	43:52+	44:09+
04:00+	01:27-	05:46+	11:21+	03:10+	05:16+	04:42-	04:04-	02:06+	02:00+	00:17+
00:35#	00:14-	00:15+	08:01@	00:05+	00:33#	00:01-	01:04-	00:23#	00:02+	00:03#

4	Lene Bank Hansen	13	53:04							
04:04+	05:56+	12:13+	16:36+	21:50+	27:54+	34:16+	47:43+	50:05+	52:49+	53:04+
04:04+	01:52+	06:17+	04:23+	05:14+	06:04+	06:22+	13:27+	02:22+	02:44+	00:15+
00:39#	00:11#	00:46#	01:03&	02:09&	01:21&	01:39&	08:19@	00:39&	00:46&	00:01+

Beste stræktid for klassen

03:25 01:27 05:31 03:20 03:05 04:43 04:42 04:04 01:43 01:58 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fri1

1	Jeppe Bjerregård Larsen	11	57:35													
02:39=	09:22=	12:04=	16:09=	19:42=	23:53=	29:36=	34:06=	37:04=	38:46=	42:52=	44:33=	50:36=	54:14=	55:48=	57:21=	57:35=
02:39=	06:43=	02:42=	04:05=	03:33=	04:11=	05:43=	04:30=	02:58=	01:42=	04:06=	01:41=	06:03=	03:38=	01:34=	01:33=	00:14=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse															Tid
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2	Sanne Andersen	1															1:07:01
02:45+	09:37+	12:34+	17:07+	21:35+	27:45+	35:43+	42:15+	46:56+	48:36+	53:24+	56:08+	59:01+	63:44+	65:19+	66:47+	67:01+	
02:45+	06:52+	02:57+	04:33+	04:28+	06:10+	07:58+	06:32+	04:41+	01:40-	04:48+	02:44+	02:53-	04:43+	01:35+	01:28-	00:14=	
00:06+	00:09+	00:15+	00:28#	00:55&	01:59&	02:15&	02:02&	01:43&	00:02-	00:42#	01:03&	03:10-	01:05&	00:01+	00:05-	00:00=	

Beste stræktid for klassen
 02:39 06:43 02:42 04:05 03:33 04:11 05:43 04:30 02:58 01:40 04:06 01:41 02:53 03:38 01:34 01:28 00:14

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Fri2

1	Anders Kristiansen	1															39:51
02:03=	03:13=	08:11=	10:18=	15:53=	19:46=	24:17=	29:30=	33:48=	35:17=	37:22=	38:37=	39:40=	39:51=				
02:03=	01:10=	04:58=	02:07=	05:35=	03:53=	04:31=	05:13=	04:18=	01:29=	02:05=	01:15=	01:03=	00:11=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

2	Dorte Friis	16															1:08:13
04:04+	05:53+	14:29+	18:20+	27:07+	34:31+	43:10+	51:01+	57:00+	59:39+	63:30+	65:49+	67:42+	68:13+				
04:04+	01:49+	08:36+	03:51+	08:47+	07:24+	08:39+	07:51+	05:59+	02:39+	03:51+	02:19+	01:53+	00:31+				
02:01&	00:39&	03:38&	01:44&	03:12&	03:31&	04:08&	02:38&	01:41&	01:10&	01:46&	01:04&	00:50&	00:20@				

Beste stræktid for klassen
 02:03 01:10 04:58 02:07 05:35 03:53 04:31 05:13 04:18 01:29 02:05 01:15 01:03 00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H-12

1	Christoffer Vang Bobach	1															22:13
00:28=	01:52=	02:42=	03:54=	04:55=	05:35=	06:57=	08:34=	10:12=	13:06=	14:05=	15:27=	16:21=	20:44=	22:03=	22:13=		
00:28=	01:24=	00:50=	01:12=	01:01=	00:40=	01:22=	01:37=	01:38=	02:54=	00:59=	01:22=	00:54=	04:23=	01:19=	00:10=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=		

2	Asger Zeithen	15															27:05
00:46+	02:35+	03:25+	04:34+	05:35+	06:26+	07:40+	09:18+	10:55+	14:02+	14:58+	18:55+	20:00+	25:17+	26:49+	27:05+		
00:46+	01:49+	00:50=	01:09-	01:01=	00:51+	01:14-	01:38+	01:37-	03:07+	00:56-	03:57+	01:05+	05:17+	01:32+	00:16+		
00:18&	00:25&	00:00=	00:03-	00:00=	00:11&	00:08-	00:01+	00:01-	00:13+	00:03-	02:35@	00:11#	00:54#	00:13#	00:06&		

3	Aksel Kappel Jensen	15															28:22
00:29+	01:57+	02:43+	04:14+	05:27+	06:39+	08:35+	10:25+	12:27+	16:10+	17:07+	19:40+	20:59+	26:25+	28:12+	28:22+		
00:29+	01:28+	00:46-	01:31+	01:13+	01:12+	01:56+	01:50+	02:02+	03:43+	00:57-	02:33+	01:19+	05:26+	01:47+	00:10=		
00:01+	00:04+	00:04-	00:19&	00:12#	00:32&	00:34&	00:13#	00:24#	00:49&	00:02-	01:11&	00:25&	01:03#	00:28&	00:00=		

Beste stræktid for klassen
 00:28 01:24 00:46 01:09 01:01 00:40 01:14 01:37 01:37 02:54 00:56 01:22 00:54 04:23 01:19 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H13-14

1	Jonathan Birk Nielsen	1															31:54
01:18=	02:30=	06:15=	07:40=	12:02=	15:18=	20:32=	24:17=	27:23=	28:20=	29:55=	30:42=	31:46=	31:54=				
01:18=	01:12=	03:45=	01:25=	04:22=	03:16=	05:14=	03:45=	03:06=	00:57=	01:35=	00:47=	01:04=	00:08=				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=				

Beste stræktid for klassen
 01:18 01:12 03:45 01:25 04:22 03:16 05:14 03:45 03:06 00:57 01:35 00:47 01:04 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H17-20

Plas	Navn	Klasse	Tid																					
1	Simon Reimers	1	58:25																					
02:49=	05:38=	07:16=	09:48=	12:32=	16:31=	18:33=	20:16=	22:31=	26:22=	31:24=	36:17=	39:21=	40:29=	41:22=	42:46=	44:10=	47:44=	50:02=	52:49=	53:33=	56:13=	57:12=	58:17=	58:25=
02:49=	02:49=	01:38=	02:32=	02:44=	03:59=	02:02=	01:43=	02:15=	03:51=	05:02=	04:53=	03:04=	01:08=	00:53=	01:24=	01:24=	03:34=	02:18=	02:47=	00:44=	02:40=	00:59=	01:05=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Beste stræktid for klassen

02:49	02:49	01:38	02:32	02:44	03:59	02:02	01:43	02:15	03:51	05:02	04:53	03:04	01:08	00:53	01:24	01:24	03:34	02:18	02:47	00:44	02:40	00:59	01:05	00:08
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H21-

1	Rico Hejlskov Mogensen	16	58:47																						
01:21=	04:00=	05:22=	08:15=	10:14=	13:01=	14:42=	16:05=	18:00=	19:47=	23:30=	25:37=	27:51=	30:01=	31:47=	34:26=	37:44=	38:40=	39:31=	41:00=	42:07=	45:20=	47:24=	48:57=	50:16=	53:20=
01:21=	02:39=	01:22=	02:53=	01:59=	02:47=	01:41=	01:23=	01:55=	01:47=	03:43=	02:07=	02:14=	02:10=	01:46=	02:39=	03:18=	00:56=	00:51=	01:29=	01:07=	03:13=	02:04=	01:33=	01:19=	03:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
54:21=	55:11=	56:56=	57:47=	58:39=	58:47=																				
01:01=	00:50=	01:45=	00:51=	00:52=	00:08=																				
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=																				

2	Johan MacLassen	15	1:05:55																						
01:36+	06:03+	08:32+	10:49+	14:06+	15:32+	17:16+	19:35+	22:09+	26:27+	29:02+	31:31+	34:37+	36:13+	39:16+	41:43+	42:49+	43:50+	45:26+	46:51+	50:40+	53:12+	54:56+	56:34+	59:47+	60:45+
01:36+	04:27+	02:29+	02:17-	03:17+	01:26-	01:44+	02:19+	02:34+	04:18+	02:35-	02:29+	03:06+	01:36-	03:03+	02:27-	01:06-	01:01+	01:36+	01:25-	03:49+	02:32-	01:44-	01:38+	03:13+	00:58-
00:15#	01:48&	01:07&	00:36-	01:18&	01:21-	00:03+	00:56&	00:39&	02:31@	01:08-	00:22#	00:52&	00:34-	01:17&	00:12-	02:12-	00:05+	00:45&	00:04-	02:42@	00:41-	00:20-	00:05+	01:54@	02:06-
61:49+	63:48+	64:46+	65:44+	65:55+																					
01:04+	01:59+	00:58-	00:58+	00:11-																					
00:03+	01:09@	00:47-	00:07#	00:41-																					

3	Jes Mose Jensen	AKIF	1:05:58																						
01:28+	05:56+	08:38+	11:14+	14:35+	16:02+	17:47+	20:13+	22:20+	27:03+	29:35+	32:11+	34:55+	36:46+	39:35+	41:51+	43:00+	44:03+	45:43+	47:13+	50:52+	53:15+	54:57+	56:31+	59:45+	60:42+
01:28+	04:28+	02:42+	02:36+	03:21+	01:27-	01:45+	02:26+	02:07+	04:43+	02:32-	02:36+	02:44+	01:51-	02:49+	02:16-	01:09-	01:03+	01:40+	01:30+	03:39+	02:23-	01:42-	01:34+	03:14+	00:57-
00:07+	01:49&	01:20&	00:17-	01:22&	01:20-	00:04+	01:03&	00:12#	02:56@	01:11-	00:29#	00:30#	00:19-	01:03&	00:23-	02:09-	00:07#	00:49&	00:01+	02:32@	00:50-	00:22-	00:01+	01:55@	02:07-
61:46+	63:53+	64:48+	65:49+	65:58+																					
01:04+	02:07+	00:55-	01:01+	00:09-																					
00:03+	01:17@	00:50-	00:10#	00:43-																					

4	Marko Birk Nielsen	1	1:08:27																						
01:34+	04:25+	05:52+	08:14-	10:45+	14:59+	16:44+	18:34+	21:10+	24:11+	28:16+	30:54+	34:04+	36:47+	38:32+	41:35+	44:00+	45:25+	46:23+	48:16+	49:42+	53:17+	55:51+	57:34+	59:03+	62:22+
01:34+	02:51+	01:27+	02:22-	02:31+	04:14+	01:45+	01:50+	02:36+	03:01+	04:05+	02:38+	03:10+	02:43+	01:45-	03:03+	02:25-	01:25+	00:58+	01:53+	01:26+	03:35+	02:34+	01:43+	01:29+	03:19+
00:13#	00:12+	00:05+	00:31-	00:32&	01:27&	00:04+	00:27&	00:41&	01:14&	00:22+	00:31#	00:56&	00:33&	00:01-	00:24#	00:53-	00:29&	00:07#	00:24&	00:19&	00:22#	00:30#	00:10#	00:10#	00:15+
63:21+	64:24+	66:18+	67:15+	68:14+	68:27+																				
00:59-	01:03+	01:54+	00:57+	00:59+	00:13+																				
00:02-	00:13&	00:09+	00:06#	00:07#	00:05&																				

5	Hans Kresten Larsen	AKIF	1:09:58																						
02:28+	07:57+	10:36+	12:56+	16:15+	17:43+	19:33+	22:06+	24:22+	28:36+	31:13+	33:43+	37:05+	39:05+	42:05+	44:47+	46:00+	47:52+	49:40+	51:17+	54:59+	57:29+	59:06+	60:44+	63:47+	64:41+
02:28+	05:29+	02:39+	02:20-	03:19+	01:28-	01:50+	02:33+	02:16+	04:14+	02:37-	02:30+	03:22+	02:00-	03:00+	02:42+	01:13-	01:52+	01:48+	01:37+	03:42+	02:30-	01:37-	01:38+	03:03+	00:54-
01:07&	02:50@	01:17&	00:33-	01:20&	01:19-	00:09+	01:10&	00:21#	02:27@	01:06-	00:23#	01:08&	00:10-	01:14&	00:03+	02:05-	00:56&	00:57@	00:08+	02:35@	00:43-	00:27-	00:05+	01:44@	02:10-
65:48+	67:52+	68:44+	69:49+	69:58+																					
01:07+	02:04+	00:52-	01:05+	00:09-																					
00:06+	01:14@	00:53-	00:14&	00:43-																					

6	Allan Reiche	13	1:19:45																						
02:55+	09:11+	12:04+	14:15+	18:05+	20:00+	22:06+	24:41+	27:56+	32:46+	35:45+	38:34+	42:33+	44:35+	47:45+	50:13+	51:25+	52:35+	54:26+	56:14+	60:44+	64:04+	66:31+	68:23+	72:43+	73:46+
02:55+	06:16+	02:53+	02:11-	03:50+	01:55-	02:06+	02:35+	03:15+	04:50+	02:59-	02:49+	03:59+	02:02-	03:10+	02:28-	01:12-	01:10+	01:51+	01:48+	04:30+	03:20+	02:27+	01:52+	04:20+	01:03-
01:34@	03:37@	01:31@	00:42-	01:51&	00:52-	00:25#	01:12&	01:20&	03:03@	00:44-	00:42&	01:45&	00:08-	01:24&	00:11-	02:06-	00:14#	01:00@	00:19#	03:23@	00:07+	00:23#	00:19#	03:01@	02:01-
74:56+	77:25+	78:30+	79:34+	79:45+																					
01:10+	02:29+	01:05-	01:04+	00:11-																					
00:09#	01:39@	00:40-	00:13&	00:41-																					

7	Søren Underbjerg	AKIF	1:21:34																						
02:07+	08:15+	13:28+	19:47+	23:47+	25:58+	27:48+	30:22+	34:13+	38:29+	41:57+	44:21+	46:55+	48:53+	54:12+	56:25+	57:29+	58:24+	59:55+	61:29+	64:55+	67:21+	69:09+	70:59+	74:32+	75:33+
02:07+	06:08+	05:13+	06:19+	04:00+	02:11-	01:50+	02:34+	03:51+	04:16+	03:28-	02:24+	02:34+	01:58-	05:19+	02:13-	01:04-	00:55-	01:31+	01:34+	03:26+	02:26-	01:48-	01:50+	03:33+	01:01-
00:46&	03:29@	03:51@	03:26@	02:01@	00:36-	00:09+	01:11&	01:56@	02:29@	00:15-	00:17#	00:20#	00:12-	03:33@	00:26-	02:14-	00:01-	00:40&	00:05+	02:19@	00:47-	00:16-	00:17#	02:14@	02:03-
76:42+	79:22+	80:19+	81:25+	81:34+																					
01:09+	02:40+	00:57-	01:06+	00:09-																					
00:08#	01:50@	00:48-	00:15&	00:43-																					

8	Bo Birk Nielsen	1	1:22:35
82:35+			
82:35+			

Class	Navn	Klasse																			Tid									
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Beste stræktid for klassen

01:21 02:39 01:22 02:11 01:59 01:26 01:41 01:23 01:55 01:47 02:32 02:07 02:14 01:36 01:45 02:13 01:04 00:55 00:51 01:25 01:07 02:23 01:37 01:33 01:19 00:54 00:59 00:00

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H40-

1	Jess Rasmussen	17	59:59																					
01:54=	04:56=	06:36=	09:37=	11:43=	15:07=	16:53=	18:58=	21:28=	23:44=	29:03=	34:44=	37:19=	38:27=	39:31=	41:17=	43:06=	47:06=	49:44=	53:28=	54:39=	57:39=	58:48=	59:49=	59:59=
01:54=	03:02=	01:40=	03:01=	02:06=	03:24=	01:46=	02:05=	02:30=	02:16=	05:19=	05:41=	02:35=	01:08=	01:04=	01:46=	01:49=	04:00=	02:38=	03:44=	01:11=	03:00=	01:09=	01:01=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Claus Bobach	1	1:05:53																					
02:23+	05:49+	07:41+	10:33+	12:56+	17:00+	18:49+	20:56+	23:42+	26:37+	32:13+	38:09+	40:51+	42:10+	43:24+	45:26+	47:24+	51:51+	55:03+	58:41+	59:55+	63:19+	64:27+	65:40+	65:53+
02:23+	03:26+	01:52+	02:52-	02:23+	04:04+	01:49+	02:07+	02:46+	02:55+	05:36+	05:56+	02:42+	01:19+	01:14+	02:02+	01:58+	04:27+	03:12+	03:38-	01:14+	03:24+	01:08-	01:13+	00:13+
00:29&	00:24#	00:12#	00:09-	00:17#	00:40#	00:03+	00:02+	00:16#	00:39&	00:17+	00:15+	00:07+	00:11#	00:10#	00:16#	00:09+	00:27#	00:34#	00:06-	00:03+	00:24#	00:01-	00:12#	00:03&
3	Per O. Espegren	3	1:06:34																					
04:45+	07:59+	09:31+	13:55+	16:11+	20:45+	22:49+	24:40+	27:23+	31:09+	35:51+	40:46+	43:08+	44:32+	46:03+	47:34+	49:06+	52:45+	56:37+	60:39+	61:35+	64:34+	65:29+	66:25+	66:34+
04:45+	03:14+	01:32-	04:24+	02:16+	04:34+	02:04+	01:51-	02:43+	03:46+	04:42-	04:55-	02:22-	01:24+	01:31+	01:31-	01:32-	03:39-	03:52+	04:02+	00:56-	02:59-	00:55-	00:56-	00:09-
02:51@	00:12+	00:08-	01:23&	00:10+	01:10&	00:18#	00:14-	00:13+	01:30&	00:37-	00:46-	00:13-	00:16#	00:27&	00:15-	00:17-	00:21-	01:14&	00:18+	00:15-	00:01-	00:14-	00:05-	00:01-
4	Morten Kappel Jensen	15	1:13:31																					
04:12+	08:12+	10:18+	13:47+	17:00+	21:08+	22:59+	25:06+	27:58+	30:41+	36:35+	43:13+	46:09+	47:45+	48:59+	51:05+	52:40+	58:00+	61:37+	65:48+	67:04+	70:54+	72:09+	73:19+	73:31+
04:12+	04:00+	02:06+	03:29+	03:13+	04:08+	01:51+	02:07+	02:52+	02:43+	05:54+	06:38+	02:56+	01:36+	01:14+	02:06+	01:35-	05:20+	03:37+	04:11+	01:16+	03:50+	01:15+	01:10+	00:12+
02:18@	00:58&	00:26&	00:28#	01:07&	00:44#	00:05+	00:02+	00:22#	00:27#	00:35#	00:57#	00:21#	00:28&	00:10#	00:20#	00:14-	01:20&	00:59&	00:27#	00:05+	00:50&	00:06+	00:09#	00:02#
5	Niels Jensen	11	1:14:21																					
03:05+	06:41+	08:43+	11:51+	15:16+	19:16+	21:11+	23:17+	26:43+	30:37+	36:15+	42:30+	46:39+	48:12+	49:29+	51:41+	53:29+	58:43+	62:54+	66:45+	68:05+	71:44+	72:59+	74:11+	74:21+
03:05+	03:36+	02:02+	03:08+	03:25+	04:00+	01:55+	02:06+	03:26+	03:54+	05:38+	06:15+	04:09+	01:33+	01:17+	02:12+	01:48-	05:14+	04:11+	03:51+	01:20+	03:39+	01:15+	01:12+	00:10=
01:11&	00:34#	00:22#	00:07+	01:19&	00:36#	00:09+	00:01+	00:56&	01:38&	00:19+	00:34+	01:34&	00:25&	00:13#	00:26#	00:01-	01:14&	01:33&	00:07+	00:09#	00:39#	00:06+	00:11#	00:00=

Beste stræktid for klassen

01:54 03:02 01:32 02:52 02:06 03:24 01:46 01:51 02:30 02:16 04:42 04:55 02:22 01:08 01:04 01:31 01:32 03:39 02:38 03:38 00:56 02:59 00:55 00:56 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H50-

1	Ole Jensen	8	40:02														
02:03=	06:41=	08:25=	10:59=	13:46=	16:31=	19:29=	20:14=	23:41=	27:33=	29:16=	30:10=	33:52=	36:01=	38:06=	38:58=	39:53=	40:02=
02:03=	04:38=	01:44=	02:34=	02:47=	02:45=	02:58=	00:45=	03:27=	03:52=	01:43=	00:54=	03:42=	02:09=	02:05=	00:52=	00:55=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Jørgen Pehrson	JGKI	42:12														
02:19+	06:48+	08:44+	11:48+	15:53+	18:36+	21:20+	22:09+	25:16+	27:51+	29:49+	30:51+	34:39+	37:08+	39:42+	40:44+	41:44+	42:12+
02:19+	04:29-	01:56+	03:04+	04:05+	02:43-	02:44-	00:49+	03:07-	02:35-	01:58+	01:02+	03:48+	02:29+	02:34+	01:02+	01:00+	00:28+
00:16#	00:09-	00:12#	00:30#	01:18&	00:02-	00:14-	00:04+	00:20-	01:17-	00:15#	00:08#	00:06+	00:20#	00:29#	00:10#	00:05+	00:19@
3	Michael Fischer	1	43:17														
01:40-	05:59-	08:12-	10:53-	13:39-	16:20-	24:03+	24:38+	27:21+	29:54+	31:56+	32:47+	36:18+	38:40+	41:06+	42:05+	43:06+	43:17+
01:40-	04:19-	02:13+	02:41+	02:46-	02:41-	07:43+	00:35-	02:43-	02:33-	02:02+	00:51-	03:31-	02:22+	02:26+	00:59+	01:01+	00:11+
00:23-	00:19-	00:29&	00:07+	00:01-	00:04-	04:45@	00:10-	00:44-	01:19-	00:19#	00:03-	00:11-	00:13#	00:21#	00:07#	00:06#	00:02#
4	Kjeld Arildsen	13	44:14														
01:51-	06:56+	08:54+	12:07+	15:35+	18:30+	21:12+	22:32+	25:45+	29:00+	31:14+	32:10+	36:37+	39:00+	41:38+	42:52+	43:59+	44:14+
01:51-	05:05+	01:58+	03:13+	03:28+	02:55+	02:42-	01:20+	03:13-	03:15-	02:14+	00:56+	04:27+	02:23+	02:38+	01:14+	01:07+	00:15+
00:12-	00:27+	00:14#	00:39&	00:41#	00:10+	00:16-	00:35&	00:14-	00:37-	00:31&	00:02+	00:45#	00:14#	00:33&	00:22&	00:12#	00:06&
5	Søren Flytkjær	1	48:41														
48:41+	48:41+	46:38@															
6	Finn Rosenqvist	1	53:26														
03:18+	08:38+	10:48+	15:09+	18:31+	21:36+	26:49+	27:56+	31:06+	34:16+	37:01+	38:08+	43:37+	46:40+	50:42+	51:57+	53:16+	53:26+
03:18+	05:20+	02:10+	04:21+	03:22+	03:05+	05:13+	01:07+	03:10-	03:10-	02:45+	01:07+	05:29+	03:03+	04:02+	01:15+	01:19+	00:10+
01:15&	00:42#	00:26#	01:47&	00:35#	00:20#	02:15&	00:22&	00:17-	00:42-	01:02&	00:13#	01:47&	00:54&	01:57&	00:23&	00:24&	00:01#

Class	Navn	Klasse	Tid
7	Lars Humle	AKIF	1:09:43
	69:43+		
	69:43+		
	67:40@		
8	Per Hauge	13	1:15:02
	75:02+		
	75:02+		
	72:59@		
9	Carl Henrik Pedersen	8	1:20:15
	80:15+		
	80:15+		
	78:12@		

Beste stræktid for klassen

01:40 04:19 01:44 02:34 02:46 02:41 02:42 00:35 02:43 02:33 01:43 00:51 03:31 02:09 02:05 00:52 00:55 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H60-

1	Jørgen Bruun	1	37:11
	00:58=	05:52=	07:40=
	00:58=	04:54=	01:48=
	00:00=	00:00=	00:00=
2	Egon Sloth	2	37:54
	01:08+	05:41-	07:36-
	01:08+	04:33-	01:55+
	00:10#	00:21-	00:07+
3	Flemming Bindner	1	44:17
	01:57+	06:45+	08:38+
	01:57+	04:48-	01:53+
	00:59@	00:06-	00:05+
4	Henning Bak-Mikkelsen	13	44:47
	01:22+	06:49+	09:20+
	01:22+	05:27+	02:31+
	00:24&	00:33#	00:43&
5	Helmut Hilden	15	48:09
	01:24+	06:21+	09:14+
	01:24+	04:57+	02:53+
	00:26&	00:03+	01:05&
6	Gert Rebsdorf	8	48:56
	01:41+	07:43+	09:52+
	01:41+	06:02+	02:09+
	00:43&	01:08#	00:21#
7	Keld Østergaard	8	50:29
	01:28+	09:59+	11:58+
	01:28+	08:31+	01:59+
	00:30&	03:37&	00:11#
8	Sven Ove Thimm	13	51:17
	01:31+	07:25+	09:29+
	01:31+	05:54+	02:04+
	00:33&	01:00#	00:16#
9	Mogens Christensen	13	53:13
	01:32+	07:37+	10:07+
	01:32+	06:05+	02:30+
	00:34&	01:11#	00:42&
10	Torben Isen	5	53:15
	01:43+	08:14+	11:04+
	01:43+	06:31+	02:50+
	00:45&	01:37&	01:02&

Class	Navn	Klasse	Tid													
11	Niels Bobach	1	53:34													
01:54+	08:29+	11:08+	15:02+	19:25+	23:29+	29:35+	33:50+	36:50+	38:02+	42:18+	44:36+	46:24+	50:11+	51:47+	53:19+	53:34+
01:54+	06:35+	02:39+	03:54+	04:23+	04:04-	06:06+	04:15+	03:00+	01:12+	04:16+	02:18+	01:48+	03:47+	01:36+	01:32+	00:15+
00:56&	01:41&	00:51&	00:45#	01:39&	00:36-	02:18&	01:22&	00:56&	00:24&	01:38&	01:00&	00:42&	01:33&	00:33&	00:37&	00:04&
12	Frode Mogensen	16	53:40													
01:45+	07:52+	10:49+	15:14+	19:30+	23:39+	29:21+	33:50+	36:54+	38:22+	42:56+	45:02+	46:41+	50:10+	51:45+	53:22+	53:40+
01:45+	06:07+	02:57+	04:25+	04:16+	04:09-	05:42+	04:29+	03:04+	01:28+	04:34+	02:06+	01:39+	03:29+	01:35+	01:37+	00:18+
00:47&	01:13#	01:09&	01:16&	01:32&	00:31-	01:54&	01:36&	01:00&	00:40&	01:56&	00:48&	00:33&	01:15&	00:32&	00:42&	00:07&
13	Jacob Madsen	13	55:22													
55:22+																
55:22+																
54:24@																
14	Thorkild Holm Pedersen	13	1:01:17													
02:16+	08:52+	11:20+	15:56+	19:49+	23:28+	33:40+	37:27+	44:22+	45:52+	49:56+	52:01+	53:50+	58:15+	59:44+	61:04+	61:17+
02:16+	06:36+	02:28+	04:36+	03:53+	03:39-	10:12+	03:47+	06:55+	01:30+	04:04+	02:05+	01:49+	04:25+	01:29+	01:20+	00:13+
01:18@	01:42&	00:40&	01:27&	01:09&	01:01-	06:24@	00:54&	04:51@	00:42&	01:26&	00:47&	00:43&	02:11&	00:26&	00:25&	00:02#
15	John Dalsgaard Sørensen	16	1:02:12													
01:06+	08:05+	15:03+	18:51+	22:35+	26:04+	31:45+	35:48+	38:34+	39:57+	51:50+	53:55+	55:38+	59:09+	60:37+	61:57+	62:12+
01:06+	06:59+	06:58+	03:48+	03:44+	03:29-	05:41+	04:03+	02:46+	01:23+	11:53+	02:05+	01:43+	03:31+	01:28+	01:20+	00:15+
00:08#	02:05&	05:10@	00:39#	01:00&	01:11-	01:53&	01:10&	00:42&	00:35&	09:15@	00:47&	00:37&	01:17&	00:25&	00:25&	00:04&
16	Henrik Houmøller	15	1:05:12													
65:12+																
65:12+																
64:14@																
Beste stræktid for klassen																
00:58	04:33	01:48	02:55	02:44	03:01	03:48	02:53	01:57	00:48	02:38	01:18	01:06	02:14	01:03	00:55	00:11

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H70-

1	Søren Elkjær	17	41:25													
01:54=	06:19=	08:05=	11:04=	14:29=	15:29=	18:23=	22:55=	26:00=	28:24=	30:25=	33:40=	35:18=	38:45=	39:58=	41:13=	41:25=
01:54=	04:25=	01:46=	02:59=	03:25=	01:00=	02:54=	04:32=	03:05=	02:24=	02:01=	03:15=	01:38=	03:27=	01:13=	01:15=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
2	Poul Henning Pedersen	13	41:54													
01:42-	05:57-	07:50-	10:51-	14:13-	15:56+	18:58+	23:35+	26:47+	29:16+	30:24-	33:38-	35:08-	39:25+	40:33+	41:42+	41:54+
01:42-	04:15-	01:53+	03:01+	03:22-	01:43+	03:02+	04:37+	03:12+	02:29+	01:08-	03:14-	01:30-	04:17+	01:08-	01:09-	00:12=
00:12-	00:10-	00:07+	00:02+	00:03-	00:43&	00:08+	00:05+	00:07+	00:05+	00:53-	00:01-	00:08-	00:50#	00:05-	00:06-	00:00=
3	Finn Hørup Nielsen	13	49:19													
02:17+	08:40+	10:56+	14:30+	18:55+	20:12+	23:32+	29:05+	32:36+	35:10+	36:18+	39:50+	41:45+	46:31+	47:46+	49:05+	49:19+
02:17+	06:23+	02:16+	03:34+	04:25+	01:17+	03:20+	05:33+	03:31+	02:34+	01:08-	03:32+	01:55+	04:46+	01:15+	01:19+	00:14+
00:23#	01:58&	00:30&	00:35#	01:00&	00:17&	00:26#	01:01#	00:26#	00:10+	00:53-	00:17+	00:17#	01:19&	00:02+	00:04+	00:02#
4	Poul Bobach	1	52:06													
01:59+	08:35+	10:45+	18:43+	22:17+	23:34+	27:15+	32:30+	36:11+	38:50+	39:57+	43:24+	45:14+	49:17+	50:36+	51:53+	52:06+
01:59+	06:36+	02:10+	07:58+	03:34+	01:17+	03:41+	05:15+	03:41+	02:39+	01:07-	03:27+	01:50+	04:03+	01:19+	01:17+	00:13+
00:05+	02:11&	00:24#	04:59@	00:09+	00:17&	00:47&	00:43#	00:36#	00:15#	00:54-	00:12+	00:12#	00:36#	00:06+	00:02+	00:01+
5	Ole F. Thomsen	13	56:18													
02:32+	08:15+	11:09+	15:43+	19:58+	21:38+	25:34+	32:01+	36:23+	39:14+	40:51+	45:59+	48:05+	52:54+	54:31+	56:03+	56:18+
02:32+	05:43+	02:54+	04:34+	04:15+	01:40+	03:56+	06:27+	04:22+	02:51+	01:37-	05:08+	02:06+	04:49+	01:37+	01:32+	00:15+
00:38&	01:18&	01:08&	01:35&	00:50#	00:40&	01:02&	01:55&	01:17&	00:27#	00:24-	01:53&	00:28&	01:22&	00:24&	00:17#	00:03#
6	Henning Olesen	9	58:03													
02:36+	09:13+	11:45+	16:08+	20:27+	22:00+	26:43+	34:38+	39:15+	42:29+	43:53+	47:54+	50:10+	54:42+	56:10+	57:46+	58:03+
02:36+	06:37+	02:32+	04:23+	04:19+	01:33+	04:43+	07:55+	04:37+	03:14+	01:24-	04:01+	02:16+	04:32+	01:28+	01:36+	00:17+
00:42&	02:12&	00:46&	01:24&	00:54&	00:33&	01:49&	03:23&	01:32&	00:50&	00:37-	00:46#	00:38&	01:05&	00:15#	00:21&	00:05&
7	Poul Larsen	11	1:10:16													
02:59+	09:45+	12:51+	18:36+	23:49+	25:55+	32:28+	40:28+	45:27+	49:39+	51:26+	56:52+	60:05+	65:57+	67:59+	69:59+	70:16+
02:59+	06:46+	03:06+	05:45+	05:13+	02:06+	06:33+	08:00+	04:59+	04:12+	01:47-	05:26+	03:13+	05:52+	02:02+	02:00+	00:17+
01:05&	02:21&	01:20&	02:46&	01:48&	01:06@	03:39@	03:28&	01:54&	01:48&	00:14-	02:11&	01:35&	02:25&	00:49&	00:45&	00:05&

Plas	Navn	Klasse	Tid
8	Palle Møller Nielsen	10	1:20:58
	80:58+		
	80:58+		
	79:04@		

9	Hans Jørgen Simonsen	OK Pan	1:29:57
	89:57+		
	89:57+		
	88:03@		

Beste stræktid for klassen

01:42 04:15 01:46 02:59 03:22 01:00 02:54 04:32 03:05 02:24 01:07 03:14 01:30 03:27 01:08 01:09 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

H80-

1	Vagn Lidegaard	8	42:36
	04:25= 06:34= 12:58= 17:32= 21:31= 27:10= 32:09= 37:11= 39:30= 42:19= 42:36=		
	04:25= 02:09= 06:24= 04:34= 03:59= 05:39= 04:59= 05:02= 02:19= 02:49= 00:17=		
	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		

Beste stræktid for klassen

04:25 02:09 06:24 04:34 03:59 05:39 04:59 05:02 02:19 02:49 00:17

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben bane 2

1	Michael Filyo	12	1:05:21
	65:21=		
	65:21=		
	00:00=		

2	Steffen Alm	9	1:07:33
	67:33+		
	67:33+		
	02:12+		

3	Michael Bro	1	1:14:21
	74:21+		
	74:21+		
	09:00#		

4	Andreas Popp	1	1:26:43
	86:43+		
	86:43+		
	21:22&		

5	Ann Dissing	13	1:42:44
	102:44+		
	102:44+		
	37:23&		

Beste stræktid for klassen

65:21

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben bane 4

1	Anette Egander	OK Pan	58:31
	58:31=		
	58:31=		
	00:00=		

Class	Navn	Klasse	Tid
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Beste stræktid for klassen

58:31

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben bane 8

1	Andrea Svenningsen	15	43:42										
02:33=	03:31=	08:41=	10:20=	16:25=	21:49=	29:16=	34:20=	37:48=	39:09=	41:21=	42:24=	43:32=	43:42=
02:33=	00:58=	05:10=	01:39=	06:05=	05:24=	07:27=	05:04=	03:28=	01:21=	02:12=	01:03=	01:08=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

2	Sif Sletten	15	1:02:33										
02:16-	07:02+	12:45+	14:33+	25:51+	30:00+	44:53+	51:54+	55:44+	57:17+	59:32+	61:05+	62:17+	62:33+
02:16-	04:46+	05:43+	01:48+	11:18+	04:09-	14:53+	07:01+	03:50+	01:33+	02:15+	01:33+	01:12+	00:16+
00:17-	03:48@	00:33#	00:09+	05:13&	01:15-	07:26&	01:57&	00:22#	00:12#	00:03+	00:30&	00:04+	00:06&

Beste stræktid for klassen

02:16 00:58 05:10 01:39 06:05 04:09 07:27 05:04 03:28 01:21 02:12 01:03 01:08 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

Åben bane3

1	Kristina Præstgaard	8	1:02:04
62:04=	62:04=	00:00=	

Beste stræktid for klassen

62:04

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.